

## Bear Essentials

### Program summary

Bear Essentials is a family support program offered by Children's Health Foundation of Vancouver Island that assists with the costs of health-related travel and equipment for Island kids and is intended to fill the gaps that exist in public funding. The program is designed for families that struggle to afford the associated costs, or that have barriers limiting their ability to access health care or equipment for their child.

Children/youth must meet all the following conditions:

- ✓ 0 to 19 years old (prenatal up to 20th birthday),
- ✓ live on Vancouver Island or the surrounding islands,
- ✓ have a medical condition, health challenge, or disability confirmed by a health care professional,
- ✓ require financial support to cover the cost of the item(s) in the application, and
- ✓ have not exceeded the lifetime Bear Essentials maximum of \$10,000.

***Bear Essentials is a program accessed through referral only.*** A health care professional familiar with the applicant's needs and family circumstances should complete the online application with consent of the applicant's parent or primary guardian.

Children's Health Foundation of Vancouver Island prioritizes applications from referring health professionals working within public systems like health authorities, school districts, and community organizations. Examples of health professionals include but are not limited to the following:

- audiologists
- behaviour consultants
- counsellors
- dieticians
- infant development consultants
- nurses
- occupational therapists
- orthotists
- physicians
- physiotherapists
- program navigators (on behalf of a health professional)
- social workers
- speech language pathologists

Children's Health Foundation of Vancouver Island encourages families to access available public resources to complement Bear Essentials funding. The program is intended to fill gaps through a low-barrier, supportive, and dignified application process.

***When a family's needs do not fit the Bear Essentials criteria, we are committed to offering navigation to relevant resources and supports. To explore navigation support, a referring professional can connect with a Program Navigator.***

Contacts: Cheryl Jordan and Kris Johnson | [beaessentials@islandkidsfirst.com](mailto:beaessentials@islandkidsfirst.com) | 1-833-751-0874 (toll free)

## General guidelines

- Bear Essentials provides funds to support future costs of health-related travel and equipment. The program does not reimburse expenses incurred before an application was approved. In case of emergency travel, special consideration may be available.
- Health professionals may apply on behalf of families for both travel and equipment on one application.
- If there are multiple children in a family who require Bear Essentials support, a separate application is required for each child.
- Children may have more than one application submitted on their behalf during their lifetime and may be eligible for up to \$10,000 in cumulative funding.
- All applications will be reviewed to determine suitability, and to prioritize need alongside available funding at the time of submission.
- If any parts of the application require further attention or information, a Program Navigator will contact the health professional and reach out to the family if appropriate.
- For travel funding, a document confirming appointments/treatments is required and should be uploaded through the online system. Documentation can also be sent later by email but may result in the application taking longer to process.
- Travel funding is intended to support the primary caregiver who is traveling with the child.
- Consent by the parent/guardian should accompany each application and may be provided by verbal confirmation, or the form can be printed, signed, and uploaded with the online application.
- Where appropriate, loan libraries will be recommended for short term equipment use or to trial equipment prior to purchase.
- Typically, funding will be paid to the vendor when accommodation or equipment is approved. The family, or the health professional acting on their behalf, is responsible for booking the accommodation and/or ordering the equipment. Children's Health Foundation of Vancouver Island is responsible for closing the transaction by paying the vendor.
- Typically, travel funding will be paid directly to the family by direct deposit.
- Applications will be reviewed as quickly as possible; however, the program is not set up to handle urgent requests where the funds are required immediately.
- Approved funds expire if not used within 3 months of approval date and a new application will need to be submitted.
- Bear Essentials does not fund dental work, medication, consumables, safety equipment, and resources such as therapies.

## What we fund

Children's Health Foundation of Vancouver Island's Bear Essentials program is focused on health-related travel and equipment.

### Health-related travel

Health professionals apply on behalf of families for funding to support travel within British Columbia when a child requires health care outside of their home community. Confirmed appointments and/or treatment within 30 days of the application date are acceptable.

Approved applicants will be provided with travel funding based on a calculation that accounts for the departure location, the intended destination, and the estimated duration of stay (Appendix D). The calculation accounts for round trips and will be consistently applied regardless of the number of family members traveling. Approved travel funding is typically provided directly to the family shortly before their departure date and can be used to assist with costs such as gas, parking, meals, and incidentals. Families are expected to use the province's Travel Assistance Program for BC Ferries when eligibility requirements fit.

#### The following guidelines are specific to health-related travel:

- Supports are available for prenatal conditions. In the instance of a healthy pregnancy that requires temporary relocation for birthing support, funding is capped at \$1,000 and families may re-apply with subsequent pregnancies. Expectant parents, with high-risk pregnancies, can access support for health-related travel. Prenatal funding amounts are calculated as part of the child's lifetime summary of Bear Essentials funds.
- For families to receive funding **prior** to their travel, a completed application must be received a minimum of 10 business days to guarantee funding on time.
- Travel support for regular, routine healthcare appointments such as dentistry, optometry or vaccinations will not be considered.
- For long term medical stays, Bear Essentials will set up weekly or bi-weekly payments and request monthly check-ins with the referring professional. A new application will be requested at 3-month intervals.

### Health related accommodation

- Families are encouraged to use affordable and supportive home away from home resources such as Jeneece Place, Q'walyu House, or Ronald McDonald House whenever they are available, including for prenatal relocation.
- Funding through the province's BC Family Residence Program is available for families when their child receives health care at BC Children's Hospital or Sunny Hill Health Centre.
- Hotel costs for all travel will be considered if the above options are unavailable to families. Please request a medical rate at the time of booking and email the booking confirmation to the Program Navigators. Approved accommodation expenses are paid directly to the vendor arranged by pre-authorized payment prior to check in. Contact a Program Navigator for a list of affordable hotel options if needed.

## Health-related equipment

Health care professionals may apply on behalf of families for funding to support the purchase of health-related equipment. Families are encouraged to pursue the most cost-effective option that best meets the child/youth's health needs. Approved equipment expenses are typically paid directly to the vendor.

Types of eligible equipment include, but are not limited to:

- Medical equipment such as hearing aids, orthotics, or wheelchairs
- Adaptive equipment such as specialized seating or a standing frame
- Assistive technology hardware and software such as an iPad with special communication software for a non-verbal child. There is a requirement that the equipment has been successfully trialed prior to submitting a Bear Essentials application.

**It is expected that families and referring professionals will source co-funding for costly medical equipment. If co-funding is not available, Bear Essentials may need to cap funding based on available funds and competing priorities.**

## How to apply

### 1. Assess need and program fit

- Identify need for health-related travel or equipment support.
- Consider available public resources to address needs (Appendix B) and whether Bear Essentials is a fit.
- Introduce Bear Essentials to the family.
- Receive verbal permission or written consent from the family to proceed with an application.

### 2. Gather information

For privacy reasons, the online system does not have the ability to store information. Applications need to be completed in full at one time. Closing the online application prior to submitting will result in loss of data so it is recommended that all necessary information is gathered and accessible prior to starting an application.

- Work with the family to acquire the necessary information for a successful application (Appendix A). This may include connecting with equipment vendors for quotes/estimates, supporting the family to plan their health-related travel, helping the family get an appointment/treatment schedule, and gaining an understanding of funding confirmed from other sources.
- Connect with the Program Navigators as needed. Their role is to help you help families and to facilitate successful applications. Please reach out!

### 3. Complete online form and submit required documents

- Health professionals can access the online application [here](#) and reach out to a Program Navigator for the password.
- Upload required documents through the online system or send shortly after by email.

### 4. Application status

- You will receive an email confirming that the application was received. Please contact us if you don't receive confirmation immediately.
- All applications will be reviewed to determine suitability, and to prioritize need alongside available funding.
- If any parts of the application require further attention or information, a Program Navigator will contact the referring professional and reach out to the family when appropriate.
- Equipment applications will be reviewed on a weekly basis and may be deferred based on available funds.
- Final granting decisions will be communicated as quickly as possible to the health professional and the family.

### 5. Support family with acquisition

- The family or the referring professional is responsible for ordering equipment or booking accommodation. A Program Navigator will close the transaction by paying the vendor.
- If travel funding is approved, a Program Navigator will request banking information and arrange payment to the family.
- Bear Essentials will follow up with a short survey that will be emailed to the family. Participation in the survey is optional but it is appreciated to help assess and strengthen the Program.

## Privacy commitment

As a registered charity, Children's Health Foundation of Vancouver Island (CHFVI) collects personal information under the authority of the Personal Information Protection Act (PIPA). Personal information (Appendix A) collected through an application to the Bear Essentials program will be used for the purpose of evaluating a family's eligibility to receive a grant, to coordinate disbursement of the funds, and to help the family access other relevant support programs.

Non-identifying information gathered from the application may be used on an aggregate basis for understanding need, reporting trends, demonstrating impact, and improving services.

Information in this application will be reviewed in confidence by CHFVI staff. All personal information will be used only as specified and stored securely.

If you have questions about the collection, use, or storage of this information by CHFVI, please contact the Director of Family Programs and Impact at 250-940-4950 ext. 105.

## Online application link

If you need the [online application link](#), have questions, or require technical support, please contact a Program Navigator:

**Cheryl Jordan and Kris Johnson**

[beaessentials@islandkidsfirst.com](mailto:beaessentials@islandkidsfirst.com)

1-833-751-0874 (toll free) | 250-940-4948

## Appendix A - Summary of application questions

### About the referring professional

Name  
Profession  
Organization  
Contact Details

### About the applicant

Child/Youth Name  
Pronoun  
Parent/Guardian Name(s)  
Contact Details  
Date of Birth or Due Date  
Identifies as Indigenous?  
Recent immigrant, refugee, or newcomer to Canada?

### Family circumstances

Without this support, will the family be challenged to meet their everyday basic needs?  
Does the family have day to day support from other people for things like transportation and childcare?

### About the medical condition, disability, or health challenge

Description  
Life-threatening?  
Lifelong?  
Type of pregnancy (only for prenatal applications)

### Request details – health-related travel\*

Departure location  
Health travel destination  
Departure date  
Return date  
Accommodation plan including preferred vendor and cost including taxes  
Additional travel details (optional)

***\*A document confirming appointments/treatment is required***

### Request details – health-related equipment\*

Type of equipment  
Description of how the equipment supports the applicant  
Urgency of the equipment  
Equipment vendor  
Equipment cost including taxes and shipping

***\*A quote/estimate from the equipment vendor is required***

### Complementary funding and support

Other funding and support pursued  
Confirmed funding amounts from other sources (if applicable)

### Informed consent of parent/guardian

Consent to submit information and for future communication related to the application  
Consent for Children's Health Foundation of Vancouver Island to follow-up to discuss story sharing opportunities

### Digital signature of referring professional

Signature indicating you verify the information in the application and support its submission

## Appendix B – Complementary funding and support

The Bear Essentials program is intended to fill the gaps that exist with current health care programs. If the following publicly available government funding sources are not available, or only partially available for a child, Bear Essentials welcomes applications to fund the identified gap.

### 1. An extended health benefits plan through place of employment

### 2. Ministry of Children and Families

[Autism Funding](#) - funding for autism intervention services and therapies.

[At Home Program](#) - support children and teens with a severe disability or complex health care needs.

### 3. Ministry of Social Development & Poverty Reduction

[Healthy Kids Program](#) - basic optical care, hearing assistance, and dental treatment for children in low-income families.

### 4. Ministry of Health

[Pharmacare](#) - helps BC residents with the cost of certain medical supplies as well as pharmaceuticals.

[Travel Assistance Program](#) - helps alleviate some of the transportation costs for eligible BC residents who must travel within the province for non-emergency medical specialist services.

[BC Family Residence Program](#) - accommodation assistance to enable families to stay together when their child requires medical care at BC Children's Hospital or Sunny Hill Health Centre.

### 5. First Nations Health Authority

[Medical supplies and equipment](#) - medical equipment and supplies for personal use.

[Mental Health Benefit](#) - counselling services from a qualified mental health provider.

[Vision care](#) - covers eye exams and eyeglasses.

[Pharmacy](#) - prescription drugs, over the counter drugs, and compounds.

[Dental](#) - covers eligible dental treatments.

[Medical Travel](#) - supports travel costs for medical related travel.

### 6. Government of Canada

[Jordan's Principle](#) - supports First Nations children to access products, services, and supports they need. It can help with a wide range of health, social, and educational needs and medical travel funding is available. The [Jordan's Principle Hub for BC](#) is also a helpful resource.

[Canada Dental Benefit](#) - intended to help lower dental costs for eligible families.

### 7. Métis Nation of BC

[Métis Family Connections](#) - focused on helping families build a network of support

[Miyoopimatishihk \(Wellbeing\) Program](#) - financial support to assist with the costs of a wide range of services, programs and products.



## Appendix C - Parent/guardian consent form

### Informed consent for parent/guardian

As a registered charity, Children's Health Foundation of Vancouver Island (CHFVI) collects personal information under the authority of the Personal Information Protection Act (PIPA). Personal information collected through an application to the Bear Essentials program will be used for the purpose of evaluating your eligibility to receive funding support, to coordinate disbursement of the funds, and to help you access other relevant support programs.

### Use of information

Information in this application will be reviewed in confidence by CHFVI staff for the primary purpose of determining your child's eligibility to receive funding through the Bear Essentials program. All personal information collected will be used only as specified and stored securely.

Non-identifying information gathered from this application may be used on an aggregate basis for understanding needs, reporting trends, demonstrating impact, and improving services.

If you have questions about the collection, use, or storage of this information by the CHFVI, please contact the Director of Family Programs and Impact at 250-940-4950 ext. 105.

### Agreement

By agreeing below, you hereby consent to:

- (i) the collection of personal information for the purposes set out above;
- (ii) permission for your referring professional to submit the information in this application form and any required documents accompanying the form;
- (iii) permission for Children's Health Foundation of Vancouver Island to communicate directly with you, your referring professional, and vendors to coordinate your Bear Essentials grant.

Your signature indicates you have read, understood, and agree to the above terms.

Full Name of Parent/Guardian (print clearly) \_\_\_\_\_

Signature of Parent/Guardian \_\_\_\_\_

Date (MM/DD/YYYY) \_\_\_\_\_

Our programs are supported by generous donors who are inspired by the work we do and often learn about that work through stories of families just like yours. Sharing your experience may also help other families learn about the support that is available to them. We would love the opportunity to speak with you to learn more about your Bear Essentials journey.

Yes, Children's Health Foundation of Vancouver Island can contact me in the future to discuss options for sharing my experience

No, thanks

*Your referring professional can indicate your verbal consent on the application form or upload your signed consent form via the online application system or it can be emailed to [beaessentials@islandkidsfirst.com](mailto:beaessentials@islandkidsfirst.com). Thank you.*

## Appendix D - Mileage chart

### Bear Essentials Travel Funding (2023/24)

#### 1 Day Travel Funding

The following chart will give you and the family an estimate of the travel funding amount. The Bear Essentials Program Navigators will calculate the amount using this chart and the information you provide and then add it to the request total if you indicate travel funding is required.

		Traveling To:										
		NW Coast (Gold River)	N. Island (Port Hardy)	West Coast (Tofino)	Port Alberni	Campbell River	Comox Valley (Courtenay)	Oceanside (Parksville)	Nanaimo	Cowichan Valley (Duncan)	Victoria	Vancouver
Departing From:	North West Coast (Gold River)		\$99	\$179	\$124	\$55	\$78	\$111	\$126	\$149	\$177	\$145
	North Island (Port Hardy)	\$99		\$246	\$190	\$122	\$146	\$177	\$193	\$216	\$244	\$211
	West Coast (Tofino)	\$179	\$246		\$73	\$139	\$119	\$93	\$110	\$133	\$161	\$126
	Port Alberni	\$124	\$190	\$73		\$84	\$63	\$37	\$54	\$77	\$105	\$75
	Campbell River	\$55	\$122	\$139	\$84		\$39	\$70	\$89	\$109	\$137	\$107
	Comox Valley (Courtenay)	\$78	\$146	\$119	\$63	\$39		\$50	\$66	\$88	\$116	\$85
	Oceanside (Parksville)	\$111	\$177	\$93	\$37	\$70	\$50		\$33	\$56	\$84	\$60
	Nanaimo	\$126	\$193	\$110	\$54	\$89	\$66	\$33		\$38	\$66	\$50
	Cowichan Valley (Duncan)	\$149	\$216	\$133	\$77	\$109	\$88	\$56	\$38		\$43	\$60
	Victoria	\$177	\$244	\$161	\$105	\$137	\$116	\$84	\$66	\$43		\$50
Vancouver	\$145	\$211	\$126	\$75	\$107	\$85	\$60	\$50	\$60	\$50		

\* Travel funding accounts for round trips and amounts indicated are for 1 travel day

\*\*Funding for trips longer than 1 day will include a per diem regardless of the number of family members travelling

\*\*\*If a home town is not indicated in the above chart, a Bear Essentials Navigator will calculate the travel funding based on the mileage traveled between communities

\*\*\*\*Travel funding calculations assumes BC Ferries is covered by the provincial Travel Assistance Program

\*\*\*\*\* Weekly funding disbursements will be made for long term travel