# Leave a legacy of health for Island kids



# Legacy gifts are vital to supporting Island kids for generations to come

There comes a point in our lives when we think about the type of world that we want to leave behind for our children and grandchildren. Perhaps you are passionate about the idea of making your Island community a better place – even beyond your lifetime.

Legacy giving is a heartfelt way to support the things you care about most, now and in the future. Your legacy gift can help ensure future generations of Island children, youth, and families have access to the essential health care services they need when they need them.

We don't know what the future holds for our children and youth, but we do know the need for accessible health care will always be there.

"Jeneece Place is more than just having a room. It's the emotional piece of being close to your child. When your child is in the NICU, I can't even imagine staying in a hotel and having to drive to the hospital every two to three hours. Jeneece Place is amazing."

- Francis, Liv and Asta Mai's dad



# Choosing to leave a legacy to Children's Health Foundation of Vancouver Island

Children's Health Foundation has invested in the health of Island kids for more than 90 years. Our vision is to ensure all Island families have access to the health care they need.

We believe the best way to give families access to care is by funding programs and initiatives in three main areas: early childhood development, youth mental health, and children and youth living with complex needs.

We know kids may only be 21% of our Island's population, but they are 100% of our future. By becoming a legacy donor to Children's Health Foundation, you can ensure Island kids and youth have access to the care they need for decades to come.

#### **Early childhood development**

Enabling access to resources, supports, and therapies to ensure children thrive and reach their developmental milestones from prenatal to age six.

#### Youth mental health

Supporting services and experts that reach youth any time throughout their mental health journey.

# Children and youth living with complex needs

Helping families access multiple services, therapies, and specialists to address the complex needs of their children from birth into young adulthood.



"My daughter received such wonderful care at the Queen Alexandra Centre for Children's Health many years ago that I want to ensure that care is there for other children in need. Knowing she was receiving the care she needed was a great help to me as well during that difficult time."

-Kathleen, legacy donor

### Benefits of leaving a legacy for Island families



**Your lasting impact:** Choosing to remember the Children's Health Foundation of Vancouver Island with a donation in your will helps to ensure the health of Island kids for generations to come.



**Peace of mind:** A legacy gift allows you to leave a meaningful gift for the future while retaining current income today for your own needs.



**Tax benefits:** By including charitable gifts in your estate planning, you may eliminate significant taxes payable upon your death.

"Knowing that we had Jeneece Place relieved the stress of preparing ourselves to be in Victoria for weeks. It allowed us to just stay and focus on Aceson."

-Jaime, Aceson's mom



# How to leave a legacy gift to Children's Health Foundation of Vancouver Island

There are many different ways to leave a legacy gift to Children's Health Foundation. Below you will find information on how to leave a bequest, a gift of life insurance, and RRSPs. We recommend you seek independent legal and financial advice when executing any legacy gifts.

#### **Bequests**

Leaving a bequest (a gift in a will) is the simplest way to provide a healthy future for our children and youth. Your estate will receive a tax receipt for the full value of your charitable gifts. To include a gift in your will, your legal advisor will need the following information:

**Legal Name:** Children's Health Foundation of

Vancouver Island

**Address:** 345 Wale Road, Victoria BC, V9B6X2 **Charitable Registration Number:** 89863 8291

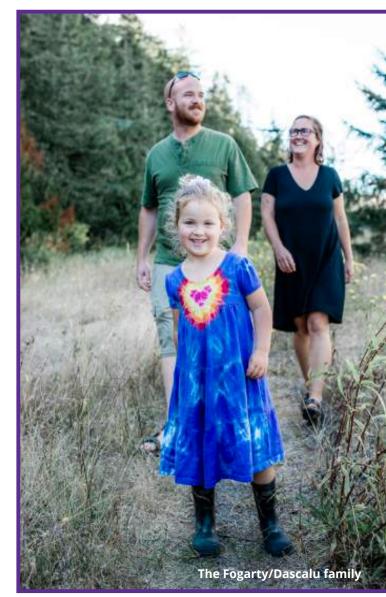
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#### Life insurance

We recommend speaking with your advisor if you are planning to name Children's Health Foundation of Vancouver Island as a beneficiary or owner of a life insurance policy. Depending on how you structure a new policy, you or your estate could receive beneficial tax receipts.

#### **RRSPs**

From an estate planning perspective, registered funds are one of the most heavily taxed assets in Canada. By naming Children's Health Foundation as a beneficiary of a registered asset, your estate will receive significant tax benefits.



If you'd like more information, please contact the Leadership and Legacy Giving Manager at legacy@islandkidsfirst.com or 250-940-4950.

"Jeneece Place means everything to us. For June, it's not just this big scary experience plus a long car ride. It means going somewhere really special that's geared just for her. It makes the horrible experience of her appointments much easier to handle."

- Bronwynne, June's mom

### Sample bequest wording

The most common types of bequests include:

**Specific bequest:** This is a gift of a specific amount of cash, securities, or piece of property, such as real estate, bonds, or works of art.

**Residual bequest:** This is a gift of all or a percentage of what remains in your estate once all specific gifts, bills, and taxes are paid.

#### Sample of wording

*To leave a specific dollar amount:* "I give to Children's Health Foundation of Vancouver Island, 345 Wale Road, Victoria, BC V9B 6X2 (Charitable No. 89863 8291 RR0001) the sum of \$\_\_\_\_\_\_."

To leave all or a specified percentage of the residue of your estate: "I give to Children's Health Foundation of Vancouver Island, 345 Wale Road, Victoria, BC V9B 6X2 (Charitable No. 89863 8291 RR0001) all (or \_\_\_\_\_%) of the residue of my estate."



### **Frequently asked questions**

#### Why is it important to have a will?

A properly prepared will provides you with the security of knowing that your possessions and estate will be distributed in line with your personal values and wishes. If you do not have a will, promises you have made may not be carried out; your wishes may be disregarded. Also, you may leave your loved ones with legal and financial challenges to sort out.

When planning your will, it is important to decide your personal goals and the needs of your beneficiaries. With the help of an advisor, you can include language in your will specifying what gifts are to be made to family members, friends, and charities as part of your estate plan.

# How do I leave a gift of charity yet still provide for my family?

There are many ways to fulfill your charitable goals while still providing for your family and other loved ones. Many vehicles for planned giving, such as life insurance, allow you to leave a variety of gifts to both a charity and family members, all the while providing tax benefits to you.

By leaving a bequest (gift in your will), your estate will receive a charitable tax receipt for the full value of your bequest. The resulting tax credits will reduce taxes owing on your estate's



final tax return. This helps increase the remaining value of your estate for your beneficiaries.

# If I already have a will and decide to leave a gift to Children's Health Foundation of Vancouver Island, do I need to rewrite my will?

No. A codicil is an amendment to an existing will. It's a way of adding a charity, or making another minor change, to your will without having to create a new will. Your lawyer can assist with creating a codicil.

"Every thought, care, or penny given from someone to Children's Health Foundation of Vancouver Island means the world to us. It all helped us raise Emma."

- Ricci, Emma's mom

# Meet Harper: How Jeneece Place provided hope to this Island family

When Island mom Miranda was 27 weeks pregnant with her second child, she knew in her gut that something was not right. Her suspicions were confirmed when she found out that her little girl, Harper, would be arriving sooner than expected.

After an emergency c-section in Victoria three months before Harper's due date, the family's little one weighed only 843 grams – about the size of a brick of butter. In Harper's first days, she faced obstacle after obstacle. After two weeks of recovering in the hospital close to her daughter, Miranda was overjoyed to learn that doctors saw improvement in Harper's condition.

And while the two girls were recovering at Victoria General, Miranda's partner, Harreson, and their son were able to find a home away from home in Jeneece Place. After she was discharged from the hospital, Jeneece Place staff became like family to Miranda. Having food and essentials readily available meant everything when she returned from the hospital each day, physically and emotionally exhausted.

And after more than three months in the NICU, Harper was given the green light - the family was able to go home. Little Harper is now a year and a half old and requires ongoing monitoring of her development. When the family returns to Victoria for Harper's specialist appointments, Jeneece Place is always there.

"Jeneece Place gives Island families peace of mind and alleviates a huge burden for them during their greatest time of need. I will be forever grateful."



### Our commitment to you



As a legacy donor to Children's Health Foundation, we pledge to honour your gift by following our guiding principles. Our guiding principles provide an overarching accountability structure for our Foundation. We remain committed to operating with these principles:

**Stewardship**: Our governance, investment, and granting processes are transparent, ethical, and meet the highest standards of accountability and fiduciary responsibility.

**Needs Driven:** We support innovative, coordinated, and integrated approaches through actions that contribute to positive outcomes and impact in the short and long term.

**Respect:** We are open, approachable, consultative, and active participants in the communities we serve. We champion inclusivity, cultural safety, and diversity. We uphold principles and practices that lead to reconciliation.

**Collaborative Leadership:** We strive to demonstrate leadership that is proactive, responsive, and ambitious on behalf of our mission.

"Children are very important. They are our future so I want to provide support to help them be all they can be."

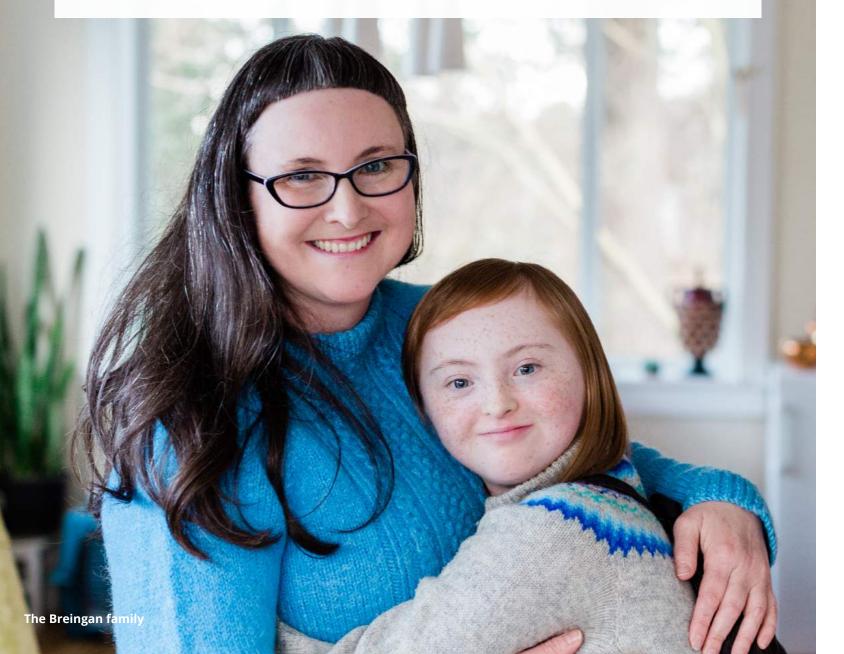
-Margot, legacy donor

### Join the Queen Alexandra Legacy Circle

When you leave a legacy gift to Children's Health Foundation of Vancouver Island you will be welcomed into our exclusive Queen Alexandra Legacy Circle. As a member of the Queen Alexandra Legacy Circle, you will receive priority invitations to Foundation events and receive news on the impact your gift will be making. Whether you have left a gift to Children's Health Foundation of Vancouver Island or are planning to, please let us know so we can celebrate and honour your generosity.

"There is already a lot of stress and worry day to day, and some of that will always be there. But to have the financial stress removed by Bear Essentials and know there is support for the immediate needs – it's almost like feeling you'll never be alone."

-Holly, Emily's mom



# Why Selwyn Wong is leaving a legacy of health for Island kids

Victoria resident Selwyn Wong knows that legacy giving is a heartfelt way to support the things he cares about most, now and in the future. He was first inspired to give to Children's Health Foundation when Jeneece Place was being built in 2012 and has since become a monthly donor.

While Selwyn does not have children, he is passionate about making sure that all children have access to the essential health care they need. Because of this, he decided to leave a gift in his will to Children's Health Foundation.

"In a perfect world, I'd love to see no child ever needing medical or psychological or emotional assistance, but that's never going to happen. The next best thing is to make sure they're taken care of wherever they are," says Selwyn.

By leaving a legacy gift, Selwyn feels that he is doing his part to make the Island and surrounding islands a better place for generations of children to come. He wants to carry forward his lifelong value of giving back to his community and feels that it is important to support children's physical and mental health.

"I can imagine that it's tough enough to have your child receive Selwyn Wong, legacy donor

medical services, let alone having to worry about where you and your family will stay. If you love children, the last thing you want to do is see a child in any kind of pain, so you try to do anything you can to alleviate it."





"A lot of Malakai's equipment is covered, but the equipment that is not and might seem like 'extras' to others is essential to his survival. The peace of mind that has been offered by having a generator is huge for our family. It's been such a blessing."

- Joshua, Malakai's dad

### **Connect with the Foundation**

Head office: 345 Wale Road, Victoria, BC, V9B 6X2 Campbell River office: 219-1180 Ironwood Street, Campbell River, BC, V9W 5P7



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